KCK Women's Chamber of Commerce 1920-1995 75 Years of Progress

THE BULLETIN

January 1996

Volume 2 Issue 1

A special thank you from Pat Rahija, KCKWC President

Kansas Day at the American Royal was an exciting and successful event this year. Meredith Roberts Schraeder and Margaret Littlefield did an outstanding job of designing and getting out the invitations in a very short time frame. This was an enormous task. Festivities began with the Women's Chamber of Commerce float in the American Royal parade. Chairperson Betty Amos decorated us in red, white and blue-which drew lots of media attention-way to go, Betty! The Kansas Day breakfast honored farm family, Steve and Kathy Knetter. It hosted the largest attendance ever. Pat Gaunce and the breakfast mmittee did an outstanding job. The Knetters also enjoyed a wonderful arternoon of events planned by Donna Teasley and Tina Thomas, Kansas Day continued with Sharon Blasche and her committee coordinating an elegant "Taste of Kansas" cocktail reception. Edith Farmer did a fantastic job of coordinating the logistics between the reception and Kemper (as well as keeping the entire event on track). Of course, none of this would have been possible without the fundraising efforts of our Corporate Sponsor chairperson, Jackie Stokes and her committee. Many thanks to all who gave so generously of their time and effort—it showed! Last, but certainly not least, a special thank you to Crete Whitlock for her invaluable secretarial services. Crete wrote "lots and lots" of letters, handled the reservations and money, distributed tickets and kept everything running smoothly.

Again, we have proven our organization is second to none. Congratulations on a job well done!

Sincerely,

Pat Rahija

NEW+YEAR'S RESOLUTIONS

Sometimes we can only get clear about what we do want by stating what we don't want. "Don't want lists come easier. So do "don't need" lists and won't" lists. This year's monthly lists will help to clarify what we don't want and don't need. Maybe then we will see more clearly what we do want.

- I don't need to make resolutions.
- I don't need to think about resolutions.
- I don't need to wish I had made resolutions.

To submit newsletter information, please contact Jobeth Bradbury @ 931-5027; Fax: 531-2468; Email: dbjb@sky.net

Board Meeting: Jan. 31; 5:15pm; WW Library



Elaine Bennett	Jan. 12
Rosalyn Brown	Jan. 31
Stella Browne	Jan. 11
Lori Cogan	Jan. 6
Algertha Diggs	Jan. 1
Margaret Eagleburger	Jan. 2
Carmen Walsh	Jan. 10
Joyce Williams	Jan. 14

Member News

Jobeth Bradbury will begin a new position with the Northeast Kansas Library System (NEKLS) Jan. 3. She will be Young Adult/Children's Services consultant. NEKLS is a consortium of public, school, and academic libraries in the Northeast Kansas region. Her work phone will be 531-2468; Fax: 531-2468; email: dbjb@sky.net.

Directions to the January luncheon:

From State Ave. entrance, turn right (east) into the parking lot across from the pond . Follow the access road around the child care center and north to the Community Education Center.

98th Annual Meeting

Kansas City, Kansas Chamber of Commerce

January 25, 1996 Noon Reardon Center

Speaker: Rep. Pat Roberts, 1st District

\$25.00 Members \$30.00 Non-members Call 371-3070 for information



The December Christmas party was cancelled due to extreme cold and snow—SO, WE WILL CONTINUE TO SELL RAFFLE TICKETS THROUGH THE JAN. 10 LUNCHEON and draw for the prizes at the end of the meeting. Be sure to attend the meeting and buy those raffle tickets (\$1.00ea. or 8 for \$5.00)! All proceeds benefit the KCKWC Scholarship Fund helping women pursue their educational goals. Some of the prizes include a cordless phone (!), leather bound day-timer, cologne gift package, hair salon certificate, Wyandotte Co. Fair Assoc. goodies, and many more!

A big thank-you to Jackie Stokes and members of the Ways & Means Committee!

Melissa Bynum, Program Chair and Ways & Means Committee

"How to do Business on the Internet"

Jan. 24 One Day \$139.00 Call 1-800-258-7246

我我我我我我我我我我我我

"Finding It on the Internet"

Jan. 29 One Day \$149.00 Call 1-800-873-7545

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"Interpersonal Communication Skills" Feb. 21 or Feb. 22 One Day \$89.00 Call 1-800-255-6139

"How to Create High-Impact Designs Using Desktop Publishing"

> Jan. 30 One Day \$139.00 Call 1-800-258-7246

> > 我我我我我我我我我我我我

"Training the Trainer"

Jan. 26 One Day \$149.00 Call 1-800-255-6139

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"Thinking Beyond the Boundaries"

Feb. 9 One Day \$99.00 Call 1-800-258-7246

我我我我我我我我我我我我

How Do I Sign Up?

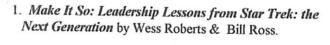
"How to Manage Conflict, Anger, and Emotion"

Jan. 30 One Day \$99.00 Call 1-800-255-6139

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Of Special Note...

The Area Vocational Technical School offers one-day training sessions on beginning and advanced microcomputer applications. These are available to the public. The charge is \$7.00 per training session. The schedule is printed monthly with the next schedule ready Feb. 1. For more information, call the AVTS at 596-5500.



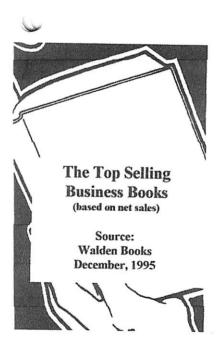
- Buffett: The Making of an American Capitalist by Roger Lowenstein.
- 3. Beardstown Ladies' Common-Sense Investment Guide: How We Beat the Stock Market and How You Can, Too by The Beardstown Ladies Investment Club.
- Microsoft Secrets: How the World's Most Powerful Software Co. Creates Technology, Shapes Markets, and Manages People by Michael A. Cusumano & Richard W. Selby.
- 5. The 1995 What Color Is Your Parachute? by Richard Bolles.
- 6. Personal Finance for Dummies by Eric Tyson.

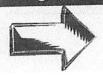
7. The Wall Street Journal's Guide to Understanding Money and Investments by Kenneth Morris.

8. The One Minute Manager by Kenneth Blanchard and Spencer Johnson.

The Discipline of Market Leaders by Michael Treacy & Fred Wiersema.

10. Black's Dictionary of Standard Law by Henry C. Black.





Jan. 10 KCKCC Community Educ. Center \$7.00 (directions on pg 2)

Speaker: Dr. Tamara Agha-Jaffar, Women's Studies Coordinator

Please call in your reservations, 371-3165, or mail che Women's Chamber of Commerce, Box 171337, KCKS	eck and reservation form to: , 66117.
Member's Name:	_Phone #:
# of Reservations: Amount enclosed:	
Guests:	
Please RSVP two days prior to meeting date. Reservations mareservation plus \$1.00 handling charge.	de, but not kept, will be billed cost of

KCK WOMEN'S CHAMBER OF COMMERCE

"Women of Vision—Seeking New Horizons"

KCK Women's Chamber of Commerce 1920-1995 75 Years of Progress

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February 1996

Volume 2 Issue 2

"Do What You Like and Like What You Do"

Have you ever thought about how you feel during the course of your workday???

Enthusiasm is the most common feeling reported by employees, but frustration is a close runner-up. In fact, every positive emotion seems to be balanced by an equal or greater negative emotion.

In an American Management Association poll of 250 people, respondents reported the emotions they experience throughout an average workday:

Enthusiasm:	62.8%
Frustration:	51.0%
Stress:	49.4%
Excitement:	29.2%
Annoyance:	27.5%
Happiness:	24.7%
Anxiety:	21.9%
Unhappiness:	6.1%
Anger	4.5%
Fear:	2.4%

When asked if they felt overwhelmed at work now more than two years ago, 45.8% said yes, 30.0% said no and 22.3% said somewhat..the four highest-ranked situations for creating negative emotions were:

More tasks/responsibilities than time to do them People taking more time than necessary with meetings or phone calls

Dealing with incompetence in others

Poor upward communication with management

KCKWC Scholarship News Update

The Kansas City, Kansas Women's Chamber annually awards scholarships to area women attending college, community college, etc.

The Women's Chamber funds approximately \$1,500 in scholarships each year. Members work year-round raising scholarship money through special events, raffles, donations, and other activities.

Pat Gaunce, Scholarship Committee chair, reports that the letter and application for 1996 scholarships is now available for candidates at St. Mary's, Donnelly College, AVTS, Kansas City, KS Community College, and the KCK public libraries. The deadline for application is April 30. All candidates will be notified of the awards by July 1, 1996.

These scholarships are available to women currently enrolled or who want to enroll in a Kansas area college or technical school. Recipients must plan to work in Kansas for a minimum of two years.

For more information, contact Pat Gaunce, 596-5800, during business hours.



To submit newsletter information, please contact Jobeth Bradbury @ 931-5027; Fax: 531-2468; Email: dbjb@sky.net



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Anna Lu Brune	2/19
Nadine Dooley	2/01
Valera Jefferson	2/23
Terry Johnson	2/22
Lonnie Krivjansky	2/11
Meredith Schraeder	2/26

Member News

The KCKWC welcomes Carol Hanlon as a new member. Carol is Youth Services Supervisor, West Wyandotte Library. She has been with the library for 3 years. Prior to the KCKPL, Carol worked as a library branch manager in Hawaii.

WELCOME!

Quote for the Month

"Being able to laugh at ourselves and our seriousness can be a relief to ourselves and everyone around us."

Humor adds color when grayness becomes the norm.

The City of Kansas City, KS African American History Committee Presents

"Valuing Differences"
with Mrs. Jane Elliott
Nationally Acclaimed Presenter of
"Blue Eyes...Brown Eyes"
Guest Commentator: Bryan Busby

Saturday, Feb. 17, 1996 Jack E. Reardon Civic Center Dinner: 6:00pm Donation: \$25.00

Other programs include:

All Faith/All City Prayer Feb. 7, 1996, 7pm Public invited Mentor Program Feb. 22, 1996 8am-noon Affirmative Action Forum Feb. 29, 1996, 1pm-3pm Public Invited

Contact KCK Human Resources Dept. for Information, 573-5460

Mease join the

Vansas

City, VS

Women's

Chamber table at the

annual VWCA

Bearts of Gold

Awards Luncheon

Jonoring
Diana Aguirre
Judy Henry Hunt
Kathleen Sebelius
Deborah Holmes
Rose Kemp
Dr. Sandra Terril

Friday, February 16, 1996 Jack Reardon Civic Center Fifth & Minnesota, Kansas City, KS

Registration: 11:30am

L'unch promptly at noon

Tickets: \$25.00 per person

Proceeds benefit LWCA of Kansas City, KS

Reservations by check due Leb. 9, 1996

If you wish to be a part of the XCXWC table, please R.S.V.D. to Meredith Schraeder

"Interpersonal Communication Skills"

Feb. 21 or Feb. 22 One Day \$89.00 Call 1-800-255-6139

"The Indispensable Assistant"

Feb. 21 One Day \$99.00 Call 1-800-873-7545

"How to Design Attention-Grabbing Brochures, Ads, ..."

Feb. 15 One Day \$149.00 Call 1-800-873-7545

"Thinking Beyond the Boundaries"

Feb. 9 One Day \$99.00 Call 1-800-258-7246

"Management Skills for New Supervisors"

Mar. 1 One Day \$99.00 Call 1-800-873-7545

"How to Be a Successful Team Leader"

Mar. 11 One Day \$99.00 Call 1-800-258-7246

How Do I Sign Up?

"Finding It on the Internet"

Feb. 26 One Day \$99.00 Call 1-800-873-7545

Of Special Note...

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Avoid the Mid-Afternoon 'Blahs'

Here are some things you can do to keep energy levels high in the afternoon:



- Don't skip breakfast. Most people who experience the midafternoon drain are people who don't eat breakfast.
- Drinks lots of fluids. Dehydration enhances the "blahs". Today's dry offices contribute to some of that dehydration.
- Be sure to get enough sleep. Most people need 8.5 to 9 hours of sleep a day. Even one hour of sleep deprivation can reduce your mental functioning.
- Stimulate your metabolic rate by taking short fitness breaks during the day. Moving around raises your pulse rate and adrenaline-increasing your alertness.
- Engage in a long-term aerobic exercise program. You'll increase your endurance for daily tasks. Check with a doctor first.

Source: Family Health Matters



February 14, Noon, Mrs. Peters' Chicken Dinners, 4960 State Ave. Chicken with all the Fixings \$12.25 inc. tip, drink, tax

Membership Month - Recognition of New Members

Please call in your reservations, 371-3165, or mail check and reservation form to: Women's Chamber of Commerce, Box 171337, KCKS, 66117.

Member's Name:	Phone #:
# of Reservations: An	nount enclosed:
Guests:	
Please RSVP two days prior to m reservation plus \$1.00 handling of	eeting date. Reservations made, but not kept, will be billed cost of charge.

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"Women of Vision-Seeking New Horizons"

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March 1996

Volume 2 Issue 3

Facts about us... Look at



- 1. Of the 100 million women 16 and older in the U.S., 58 million were labor force participants (working or looking for work) during 1992. Women experienced their highest labor force participation rate of all time in 1992—57.8%. We also accounted for 60% of total labor force growth between 1982 and 1992.
- 2. Women represented 45% of all persons in the civilian labor force. We are projected to account for nearly 3/5 of the labor force entrants between 1990 and 2005 and will comprise 47% of the labor force by 2005.
- 3. Labor force participation continues to be highest among those in the 35-44 age group; 77% of women in this age group were in the labor force.
- 4. Unemployment rate for all women in the labor force was 6.9%.
- 5. 74% of divorced women were labor force participants; 65% of single, nevermarried women; 62% of separated women; 59% of married women with spouses present; 18% of widowed women.
- 6. Of the 54 million employed women in the U.S., 40 million worked full time; 14 million held part-time jobs. 66% of all part-time workers are women.
- 7. Women are still over-represented in low-paying jobs. 44% of employed women work in technical, sales and administrative support jobs-23.5 million women. Women earn on 75 cents for every dollar earned by men when comparing 1992 median weekly earnings of full time workers.
- 8. The five most lucrative occupations for women are: lawyers, physicians, pharmacists, engineers, computer systems analysts and scientists.
- 9. Women are less likely than men to be self-employed. Of the 8.6 million self-employed workers, 3 million were women.
- 10. The number of women in the military has continued to grow in the past two decades—from 44,498 in 1972 to over 211,000 in March 1992.

Source: Women's Bureau, U.S. Dept. of Labor, 1993.

Member News

Congratulations to Carol Marinovich and Ernie Johnson on their recent marriage!

Congratulations to **Margaret** and Bob **Eagleburger** on their 50th wedding anniversary!

It's good to see **Sharon Blasche** out and about after her short hospital stay!

Condolences to Marian Augustus on the recent loss of her mother.

Condolences to **Pat Gaunce** on the recent loss of her mother-in-law.

EGGS & ISSUES

Saturday, March 30; 8:00am Crosslines Retirement Community Center 3030 Powell

Speakers:

Sen. Bill Wisdom Rep. Herman Dillon Rep. Dick Edlund Rep. Pat Pettey

\$8.00 \$10.00 Chamber members Non-Chamber members

Reservations are mandatory; 371-3070

To submit newsletter information, please contact Jobeth Bradbury @ 931-5027; Fax: 531-2468;

Email: dbjb@sky.net
Reprinted articles are reprinted with permission & do not necessarily reflect the views and opinions of the editor



2 1 11 1	
Melissa Bynum	Mar. 9
Helen Chop	Mar. 4
Elise Hedstrom	Mar. 22
Vanoma Henchek	Mar. 12
Jean Hite	Mar. 20
Mary Jane Johnson	Mar. 21
Rosemary Lischka	Mar. 16
Joie Mellenbruch	Mar. 29
Angie Mitchell	Mar. 4
Linda Sutton	Mar. 6
Sandra Trzok	Mar. 8
Tamara Watson	Mar. 10

New Members

Please welcome the following new members: (remember to update your membership book)

Marty Kazzandia Rundall

Owner: Mrs. Peter's Chicken Dinners 4960 State Ave. Kansas City, KS 66102 287-7711

Residence:

4943 Kimball

Kansas City, KS 66104

Birthday:

Oct. 9

Kathy A. Kovac

Acct. Fiscal Officer City of KCK 701 N. 7th St. Kansas City, KS 66101 573-5252

Residence:

2535 Grandview Blvd.

Kansas City, KS 66102

Birthday: June 26

Doreen Hampton

ACS, Inc. 14605 W. 60th Terr. Shawnee, KS 66216 962-1769

Birthday:

July 22

The Internet Top 10 List

excerpts from an article by Anne Lieberman

The Top 10 Reasons Not To Be On The Internet (with apologies to David Letterman):

- 10. Nobody knows what it is.
- 9. There's no way to know if I'm reaching my market.
- 8. Why bother, nobody will find it.
- 7. It's not safe; someone will steal my credit card number.
- 6. I have AOL (or Prodigy); I don't need it.
- 5. It's too slow.
- 4. It's too complicated.
- 3. It's only for the big guys.
- 2. It's too expensive.
- 1. My neighbor's kid will do it for free.

If you have said or even thought just two of the above, it's time now for another look at the Internet and what it can mean for you and your business. Setting up a Web site is a job for experienced professionals. Your site represents your image to the world and your target markets. It has to look distinctive, communicate company messages and work properly.

Setting up a site is one of your most cost efficient-media boys...a well designed site can cost less than producing a new four color print brochure. And a Web site can be updated regularly based on your needs...On the net, you can present any image you want. Visitors don't know if your company operates out of a downtown office building or your garage...

The Internet is too complicated. Not really...if you don't have the expertise...contract outside resources. Developing, designing, programming, and installing a site requires knowledge and expertise. But once the site is set up properly, it's easy to use and relatively simple to maintain.

Users must have a computer (386 or better), a modem (at least 14.4kps), Windows software and an on-line connection...If you set up a site on AOL, it only reaches their subscribers. An Internet site reaches the world. You can connect through an Internet Service Provider. These companies operate like a phone company and connect directly to the main computer...Site load times will be much faster...A browser, such as Netscape is highly recommended to receive the best looking versions of sites and faster download times. The faster your hardware and the closer your connection, the faster site content will appear on your computer screen.

Security is a hot issue these days. Even though there have been...horror stories, millions of dollars of business has been conducted on the Web...A recent survey of top executives of Fortune 1000 companies projected that 40% of their company's sales will be generated over the net within the next five years.

...As you read this, VISA, MasterCard, American Express, Bank of America...and other major players are working furiously to develop better security systems...

You cannot tell if a potential customer sees your ad in the paper, hears your radio spot, or watches your TV commercial. But your Web site can be set up to track "hits" or visits.

...Every major newspaper has special sections on the Net. Every mass market magazine...has had feature articles on the Internet, the World Wide Web and the entrepreneurs and technologists that are creating a new way of doing business. If you are unfamiliar with the Web, it's easy enough to find out what it is and how it works...

The Net is here, it's growing and it's a way to expand your business.

Anne Lieberman is president of NETGROWTH, INC.

"How to Communicate with Confidence, Clarity & Credibility

Mar. 15, 27 One Day \$79 Call 1-800-258-7246

"Management Skills for New Supervisors"

Mar. 1, 29 One Day \$99 Call 1-800-873-7545

"Using Microsoft Office"

Mar. 25 One Day \$99 Call 1-900-873-7545

"Assertive Communication Skills for Women"

> Mar. 20 One Day \$59 Call 1-800-873-7545

"How to Be a Successful Team Leader"

Mar. 11 One Day \$99 Call 1-800-258-7246

"Using the Internet"

Mar. 15 One Day \$69 Call 1-900-873-7545

How Do I Sign Up?

"Coaching & Teambuilding Skills"

Mar. 18 One Day \$99 Call 1-800-873-7545

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TAKE A LUNCH BREAK FROM STRESS....

(Personnel Journal, December 1995)

The Working Families newsletter says it's not a good idea to gulp sodas and sandwiches while pouring over paperwork at your desk. Employees and their companies benefit from a true "lunch break."

Three rules to follow for a stress-free lunch hour

- * Don't work
- Spend the time with people you like (which could be all by yourself)
- Do things you enjoy

Note that eating lunch isn't the only point—the idea is to have a respite from the workday world. Other ideas can include:

- Visiting your children
- Meeting a spouse, loved one, friend Running errands
- * A workout or a brisk walk

CELEBRATE WOMEN'S HISTORY MONTH-MARCH 1996

Books that will encourage you to think and talk about our past, present, and future...

Brown, Lyn Mikel and Carol Gilligan. MEETING AT THE CROSSROADS: WOMEN'S PSYCHOLOGY AND GIRLS' DEVELOPMENT.

Wolf, Naomi. FIRE WITH FIRE: THE NEW FEMALE POWER AND HOW TO USE IT.

Reilly, Patricia Lynn. A GOD WHO LOOKS LIKE ME: DISCOVERING A WOMAN-AFFIRMING SPIRITUALITY.

DAUGHTERS OF AFRICA: AN INTERNATIONAL ANTHOLOGY OF WORDS AND WRITINGS BY WOMEN OF AFRICAN DESCENT FROM THE ANCIENT EGYPTIAN TO THE PRESENT. Edited by Margaret Busby.

Pipher, Mary. REVIVING OPHELIA: SAVING THE SELVES OF ADOLESCENT GIRLS.

MESSENGERS OF THE WIND: NATIVE AMERICAN WOMEN TELL THEIR LIFE STORIES. Edited by Jane Katz.



March 13 Noon Kaminski's (formerly Pitko's) 5th & State \$8.50

Program:

Please call in your reservations, 371-3165, or mail check and reservation form to:

Election Commissioner Pat Rahija will demonstrate the new voting equipment

Women's Chamber of Commerce, Box 171337, KCKS, 66117.

Member's Name: ______ Phone #: ______

of Reservations: _____ Amount enclosed: _____

Guests: _____

Please RSVP two days prior to meeting date. Reservations made, but not kept, will be billed cost of reservation plus \$1.00 handling charge.

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"Women of Vision-Seeking New Horizons"

KCK Women's Chamber of Commerce 1920-1996 76 Years of Progress

April 1996

Volume 2 Issue 4

Report of the Nominating Committee:

The Kansas City, Kansas Women's Chamber of Commerce Nominating Committee is pleased to report that the following members have consented to have their names placed in nomination for the 1996-97 year to fill the following positions:

Officers:

President First Vice-President Second Vice-President Recording Secretary

Corresponding Secretary Treasurer

Melissa Bynum Patricia Gaunce Jacqueline M. Stokes Mary Patterson Jobeth Bradbury

Betty Amos

Board of Directors:

Three members will be elected to serve three year terms; one member will be dected to serve a two-year term; and one member will be elected to serve a one-year term. The three members with the highest number of votes will serve the three-year terms.

Carol S. Waggoner, First Community Bank Linda Hohman, Swift-Eckrich Co. Sylvia Kenner, All My Children Joni Turner, Brotherhood Bank & Trust Meredith Schraeder, MRS Communications Betty King, King's Management Co. Amy Falk, Martell & Associates, P.A. Sandra Cantwell, Wyandotte Co. Counselor's Office

Nominating Committee:

Five members will be elected to serve two-year terms; one member will be elected to serve a one-year term.

Sharon Blasche Adrienne Kyger Ollie Pearl Cole

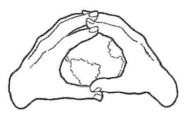
Pat Stripling Brown Pat Rahija

Cindy Brock Carol Stockoff Joie Mellenbruch Pat Shaffer

First Vice-President... about the April luncheon program

A note from Melissa Bynum,

"...my intent in scheduling this program is to inform and educate the membership as to the types of activities that are going on in KCK neighborhoods that they may not be aware of. We are finally organizing and networking...in order to save our community."

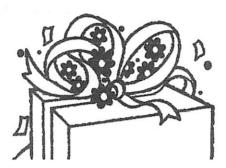


Please mark your calendar for April 10 and join us to hear Patty Dysart and Rhea Ruddell!

Slate submitted by:

Edith Farmer, Chairman **Marty Porter** Therese Bysel Jeanette Porter Carmen Walsh Adelaide Johnson Marian Stump Jean Hite Josephine Bukaty

Nominating Committee



Joyce Abraham	April 27
Jobeth Bradbury	April 21
Cindy Brock	April 27
Jacqueline Fletcher	April 14
Margaret Littlefield	April 14
Sharon Meyers	April 5
Loretta Morton	April 9
Anita Shores	April 5
Pamela Villaneuva	April 1

150 1846-1996 Smithsonian

A special exhibit of national treasures from the Smithsonian Institute in Washington D.C. will be coming to Kansas City from April 10-May 19.

The Smithsonian is celebrating its 150th anniversary by taking some of its most popular items out of the nation's Capital and putting them on the road to twelve cities throughout the U.S. The exhibit, which includes more than 300 items, will be held at Bartle Hall. Hours are 9am-8pm daily unless there is a special evening event.

The list of treasures to be displayed contains amazing pieces: the famous ruby slippers, Amelia Earhart's flight suit, a rare Tucker automobile, the hat Lincoln wore the night of his assassination, and much more.

In addition to viewing the exhibit, attendees can rent an interactive tape to enhance the viewing of the objects.

How To Listen Better

Studies conducted at the former Sperry Corporation uncovered these keys to good

Listen for ideas, not just facts. When you listen only for facts, you may not grasp the ideas or themes of the speaker. Ask yourself these questions:

- 1. Why am I being told this information?
- 2. What does it lead to?
- 3. If that's true, what does it prove?

Judge what the speaker says, not how it is said. Don't let the speaker's delivery get in the way of your understanding the message. Ignore mannerisms or speaking problems the speaker may have.

Be optimistic when you listen. Try to find something of interest in the subject no matter how dry it seems at first. Open your mind.

Don't jump to conclusions. Don't listen to the beginning of a sentence and try to fill in the rest. Wait and keep listening.

Be a flexible listener. Determine as soon as possible how the speaker put s forth his or her ideas, and gear your note-taking style to the speaker's style.

Concentrate, Remain relaxed but attentive.

Remember that you can think at least four times as fast as someone can talk. To stay on track, try to summarize what was said or interpret the speaker's ideas, or evaluate the speaker's logic.

Work at listening. Try to listen alertly and enthusiastically. Respond to the speaker by giving feedback.

Keep your mind open-and restrain your emotions. Don't be distracted by strong words that may offend you. Work on interpreting and evaluating what the speaker is saving.

Practice mental exercises. Sharpen your listening skills. Work on your attitude. And practice, practice, practice.

Accept the speaker's feelings. Show that you have empathy for the person and his or her problems.

Ask questions to let the speaker know you are paying attention. People realize you're listening to them when you ask a question, wait for an answer, and follow up with a related question.

Source: "476 Quick & Practical Ideas to Work Smarter and Succeed," Communication Briefings, 1995 Communication Publications and Resources.

How Do I Sign Up?

" Leadership & Supervisory Skills for Women"

Apr. 18, 26 One Day \$69 Call 1-800-258-7246

"Multiple Projects, Objectives, & Deadlines"

> Apr. 29 One Day \$99 Call 1-800-873-7545

> > ****

" Training the Trainer"

Apr. 19 One Day \$199 Call 1-800-873-7545

"Assertive Communication Skills for Women"

> Apr. 19 One Day \$59 Call 1-800-873-7545

> > ******

" Troubleshooting & Maintenance of IBM PCS & Compatibles"

Apr. 29/30 Two Days \$395 Call 1-800-873-7545

"Using the Internet"

Apr. 15 One Day \$69 Call 1-900-873-7545

"Conflict Mgmt Skills for Women"

Apr. 15 One Day \$69 Call 1-800-873-7545

Of Special Note...

The Area Vocational Technical School offers one-day training sessions on beginning and advanced microcomputer applications. These are available to the public. The charge is \$7.00 per training session. The schedule is printed monthly. For more information, call the AVTS at 596-5500.

Changing Culture, Providing Rewards

An organization's **culture** can be defined as "What it's like to work around here." Its dimensions include the following:

- What the organization expects from its people and how it communicates those expectations
- How the organization does its work
- Whether there are major class distinctions between employee groups or if the work environment is more egalitarian
- How and by whom decisions are made
- How work is organized-by functions, business lines or customers
- The level of employee involvement and to what degree employees are encouraged to take risks
- Whether the employees are encouraged to compete with one another or to support one another
- The meaning of success in the organization

Source: Sibson & Company, Personnel Journal, April 1995



Dealing With Grouchy People

Grouches are picky people who constantly complain. They can make your life miserable whether they're bosses, co-workers or employees.

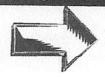
Here are two mistakes we make when dealing with grouches:

- We agree with their valid complaints. By doing so, we reinforce their invalid complaints.
- We tune them out and ignore them. This fails to acknowledge their importance.

Here are some things we should do:

- Listen to them closely to make them feel important.
- Make them be specific about their complaints. Force them to document who is involved and what happened, where it exists and why it's a problem.
- · Acknowledge what they've said without agreeing with it.
- · Get them to recommend a solution.
- Drag them into the present and focus them on fixing the future.
- When grouches are customers, ask them for specific requests you can fill to deal with their complaints.

Source: What To Say To Get What You Want by Sam Deep and Lyle Sussman, Addison-Wesley Pub. Co., Inc.



April 10 Noon Armourdale Community Ctr 730 Osage \$5.00 Taco Bar

Program:

Patty Dysart, Concerned Citizens of Armourdale, and Rhea Ruddell, Crossline Cooperative Council, will discuss the accomplishments of these two agencies.

Please call in your reservations, 371-3165, or mail check and reservation form to:

Women's Chamber of Commerce, Box 171337, KCKS, 66117.

Member's Name: ________Phone #: _______
of Reservations: _____ Amount enclosed: ______

Guests: _____

Please RSVP two days prior to meeting date. Reservations made, but not kept, will be billed cost of reservation plus \$1.00 handling charge.

KCK WOMEN'S CHAMBER OF COMMERCE

"Women of Vision-Seeking New Horizons"

KCK Women's Chamber of Commerce 1920-1996 76 Years of Progress

THE BULLETIN

May 1996

Volume 2 Issue 5

Report of the Nominating Committee:

The Kansas City, Kansas Women's Chamber of Commerce Nominating Committee is pleased to report that the following members have consented to have their names placed in nomination for the 1996-97 year to fill the following positions:

Officers:

President
First Vice-President
Second Vice-President
Recording Secretary
Corresponding Secretary
Treasurer

Melissa Bynum Patricia Gaunce Jacqueline M. Stokes Mary Patterson Jobeth Bradbury Betty Amos

Board of Directors:

Three members will be elected to serve three year terms; one member will be elected to serve a two-year term; and one member will be elected to serve a one-year term. The three members with the highest number of votes will serve the three-year terms.

Carol S. Waggoner, First Community Bank Linda Hohman, Swift-Eckrich Co. Sylvia Kenner, All My Children Joni Turner, Brotherhood Bank & Trust Meredith Schraeder, MRS Communications Betty King, King's Management Co. Amy Falk, Martell & Associates, P.A. Sandra Cantwell, Wyandotte Co. Counselor's Office Janet O. Lewis, Providence Medical Center

Nominating Committee:

Five members will be elected to serve two-year terms; one member will be elected to serve a one-year term.

Sharon Blasche Adrienne Kyger Ollie Pearl Cole Pat Stripling Brown Pat Rahija Cindy Brock Carol Stockoff Pat Shaffer

Pat Stripling Brown

Pat Rahija Joie Mellenbruch

New Members

Christine McMinn

Youth Opportunities Limited 1333 S. 27th Kansas City, KS 66106 722-1115

Res: 4723 Black Swan Drive Shawnee, KS 66216 Birthday: Dec. 25

Pamela Wiens

KCK Area Chamber of Commerce P.O. Box 171337 Kansas City, KS 66117 371-3070

Res: 4141 Joyce Drive Kansas City, KS 66104 Birthday: June 5

Slate submitted by:

Edith Farmer, Chairman Marty Porter Therese Bysel Jeanette Porter Carmen Walsh Adelaide Johnson Marian Stump Jean Hite Josephine Bukaty

Nominating Committee

Let's Get Acquainted!



Mary E. Barbero	May 21
Marylee Berry	May 8
Nancy Burns	May 23
Carol Grimsby	May 10
Betty King	May 27
Adrienne Kyger	May 15
Patricia Shaffer	May 16
Marian Stump	May 16

Christine McMinn is a new Women's Chamber member. Originally from Albuquerque, New Mexico, she has lived in the Kansas City area for six years. Christine attended KU receiving a degree in Fine Arts/sculpture and printmaking. Schuyler is her five year old son. Christine is getting remarried June 1, 1996. Best wishes! She loves reading, gardening and running.

Christine is the program director of The Collaborative, a coalition of over 100 participating agencies serving youth in Wyandotte county. The Collaborative is one of three programs of Youth Opportunities Unlimited. She helps people build relationships with others and get needed services. In addition to her work, Christine volunteers as a YWCA board member.

Uppermost on her list of important things is her family—"the healthy and happy intellect and heart of my child. If I had one wish, it would be that <u>we</u>, as a human race, become more tolerant and understanding and that sexism, ageism, genderism and racism (all the 'ism's') diminish, or preferably be nonexistent. This is a "human thing," not a race or sex or age thing."

Christine joins the Women's Chamber because she believes that women in business or otherwise can greatly impact the community. She says, "I look forward to interacting with other women of vision and action."



Melissa Bynum has been a KCK Women's Chamber member for seven years. Melissa is a Wyandotte county native, attended Sumner Academy and then received a degree in Mass Communications from Kansas State University. She enjoys reading (anything!), singing with her church choir, all kinds of music, sports (GO CHIEFS!), and shopping, shopping, shopping.

But, most of all, Melissa and her husband, John (a journeyman electrician with the I.B.E.W. Local Union #124), enjoy their miracle baby, Laura Grace Bynum. Laura will be two this July. Melissa says, "She is the light of our lives and we think she is very special. She was born 14 weeks premature weighing 1 pound, 11 ounces! She spent 93 days in the hospital before we brought her home. I also would like to point out that the Women's Chamber membership was extremely supportive and thoughtful of my family during that ordeal and we will always remember that."

Melissa serves as the Executive Director of the Leavenworth Road Association. She wears many hatsall working towards the goal of uniting neighborhoods with common goals, working to foster economic development, and forming community partnerships to eliminate blight. "This job is great because it allows me to be with people and the goal is community improvement which is essential to Wyandotte county and Kansas City, Kansas."

Volunteer activities include Leadership 2000 alumni, KCK Jaycees, Chamber of Commerce Ambassadors, KCK Noon Optimist Club, Friends of the Lake, and the Welborn Community Church of Christ

Family is the most important thing in Melissa's life-her entire family-husband, daughter, parents, sisters, and her "in-law" family. After that comes community involvement. "As talented, successful, educated and intelligent women, we must contribute back to the communities that allowed us the opportunities for our successes. We owe it to society and to our children and grandchildren. My mother always told me that nothing of importance in one's life is ever accomplished alone (i.e. marriage, birth of children, etc.) and I truly believe this. We must share our talents with others."

Melissa joined the Women's Chamber at the invitation of her close friend, Katie Fields. She thoroughly enjoys her membership serving on the board and as an officer. She has formed many wonderful friendships and made many community contacts through the KCKWC. "I would tell any woman that it is definitely worth the cost of membership."



NOTICE TO KCKWC BOARD MEMBERS:

The final **Board of Directors** board meeting will be May 29, 6pm. It will be hosted by President, Pat Rahija, at her home. Her address is: 3748 N. 124th St.

" How to Write Better and Faster"

May 17 One Day \$149 Call 1-800-258-7246

"How to Supervise People"

May 10 One Day \$99 Call 1-800-258-7246

"Personnel/HR Assistants"

May 20-21 Two Days \$395 Call 1-800-873-7545

"Managing Multiple Projects, Objectives, & Deadlines"

June 3 One Day \$99 Call 1-800-873-7545

"Training the Trainer"

May 13 One Day \$199 Call 1-800-873-7545

"Conflict Mgmt Skills for Women"

May 16 One Day \$69 Call 1-800-873-7545

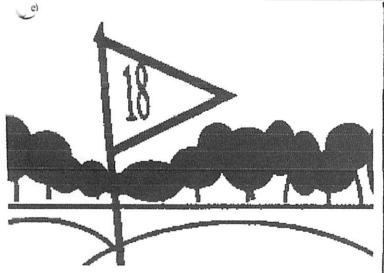
How Do I Sign Up?

Of Special Note...

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Additional Sites:

KCK Community College 334-1100 Metropolitan Comm. Coll. 759-1000 Network Knowledge 541-8740 Step 1 Inc. 768-0220 Productivity Point, Int. 383-3400 Treat Enterprises, Inc. 432-0027 Corporate Skills, Int. 831-0888



Volunteers Wanted
for the
Chamber's Golf Outing
July 10
Dub's Dread

Call Marsha, 371-3070

Stop Procrastinating...James Braham, in *Industry Week*, writes the following:

- Remember the "four D's." When handling paper, dump it, delegate it, delay it, or do it. If you delay something and don't act on it, toss it.
- **Don't gift-wrap the garbage.** It's not necessary to do insignificant tasks perfectly.
- Stick to a time limit on those jobs you don't like to do.
- Set a date and time to start a particular job.
- Focus on the results that will come from accomplishing the task that you have been putting off. Think less about what has to be done and more about what will result when you finish.



May 8 Noon KCKCC Conference Ctr. \$7.50
A light luncheon served by Metropolitan Catering

Election of Officers

Please call in your reservations, 371-3165, or mail check and reservation form to: Women's Chamber of Commerce, Box 171337, KCKS, 66117.	
Member's Name:	_Phone #:
# of Reservations: Amount enclosed:	
Guests:	
Please RSVP two days prior to meeting date. Reservations mareservation plus \$1.00 handling charge.	de, but not kept, will be billed cost of

KCK WOMEN'S CHAMBER OF COMMERCE

"Women of Vision-Seeking New Horizons"

KCK Women's Chamber of Commerce 1920-1996 76 Years of Progress

THE BULLETIN

June 1996

Volume 2 Issue 6

"Women In Partnership - Building a Better Community"

Kansas City, Kansas Women's Chamber 76th Installation Ceremony

Painted Hills June 12, 1996

Social Hour 6:00pm Buffet Dinner 7:00pm Cash Bar \$18.00 Per Person

Please call in your reservations, 371-3165, or mail check to Women's Chamber of Commerce, Box 171337, KCKS, 66117.

Reservations deadline: June 7

1996-1997 Officers

President

Melissa Bynum

1st Vice President

Pat Gaunce

2nd Vice President

Jackie Stokes

Recording Secretary

Mary Patterson

Corresponding Sec.

Jobeth Bradbury

Treasurer

Betty Amos

1996-1997 Board of Directors

Carol Grimsby

Loretta Morton

Betty King

Rosalyn Brown

Judy Lillig

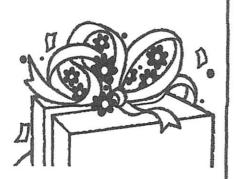
Sandra Cantwell

Carol Waggoner

Meredith Schrader

Amy Falk

Let's Get Acquainted!



Sharon Blasche June 6 Pat Brown June 6 Josephine Bukaty June 20 Therese Bysel June 12 Sandra Cantwell June 12 Kathy Kovac June 26 Janet Parker June 4 Jeanette Porter June 20

Register to Vote On-line!

Did you know that citizens now have another way to register to vote? If you have an internet connection, you can connect to the "Register to Vote-NetVote '96" world wide web page and participate in the first on-line voter registration site.

The NetVote '96 internet address is: http://netvote96.mci.com/. You ust fill in a series of forms onine and press the 'submit' key.

That's all there is to it!







The most important things to **Ollie Pearl Cole** are serving God, her family, and then to do all that she can do to make her community the best it can be. Ollie is the Lead Clerk in customer accounting at the Board of Public Utilities. She has been there for 22 years.

Ollie belongs to the KCK Women's Chamber because she believes that we, as women, mothers, and wives can truly make a difference. In addition to the Women's Chamber, Ollie volunteers for United Way, Wyandotte Mental Health, her church Sunday School, and serves as treasurer for an investment club. Ollie also participated in the first Problem Solving Team at the B.P.U.

Ollie was born in Marrilton, Arkansas-the oldest of seven children. She is married to Pete Cole and they have five children. She has attended Shorter College, Arkansas Tech, Donnelly College and the KCK Community College. She enjoys basketball, cooking, interior decorating and redoing furniture.

Ollie says, "I sincerely believe that if we love and care for one another, we will be able to accomplish much and we can make a difference."

Jacqueline (Jackie) Stokes is the current treasurer of the Kansas City, Kansas Women's Chamber. This coming year, she will be the Second Vice President. In her other life, Jackie has been the Sales and Property Manager for Dean Realty Co., a development and leasing company, for 23 years.

Jackie became acquainted with the Women's Chamber and its members when her home was on the chamber-sponsored "Spring Homes Tour." She joined the Women's Chamber shortly after that and has since been blessed with 'meeting and greeting' so many dynamic women. She has served as Treasurer for two terms and worked as a member of the American Royal Kansas Day Committee.

Jackie also serves as President of the Paletteers, a support auxiliary of the Kansas City Art Institute and as Corresponding Secretary for Chapter CG of PEO. She spent 18 years doing coordination work for the Miss USA, Miss Universe, and Miss Teen USA organizations. Jackie is a former Mrs. Kansas for the Mrs. America Pageant.

Jackie lives with her husband, Curt, and her cat, Boodles, in Wyandotte county. She enjoys travel, cooking, decorating and flower arranging.

"How to Design Attention-Grabbing Brochures, Catalogs, Ads, Newsletters and Reports" June 4 One Day \$149 Call 1-800-873-7545

"How to Write Better and Faster"

June 13 One Day \$149 Call 1-800-258-7246

"How to Become a Better Communicator""

June 17 One Day \$79 Call 1-800-873-7545

"First Things First"

June 11 One Day \$295 Call 1-800-873-7545

" Personnel/HR Assistants"

June 17-18 Two Days \$395 Call 1-800-873-7545

"Essentials of Excellent Customer Service"

> July 15 One Day \$59 Call 1-800-873-7545

> > ****

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Your "Bill of Rights" for Stress Reduction

- You have the right to express your thoughts, feelings and opinions
- You have the right to say NO without feeling guilty.
- You have the right to not have to justify yourself to others.
- You have the right to ask for what you want.
- You have the right to ask for help.
- You have the right to get what you pay for.
- You have the right to make mistakes.
- You have the right to be listened to.
- You have the right to put yourself first.
- You have the right to change your mind.
- You have the right to ignore the advice of others.
- You have the right to not take responsibility for others' feelings, needs and wishes.
- A You have the right to be alone.

Source: The Working Woman's Guide to Managing Stress

Time Management Tips When Out of the Office

- Ask for the first appointment of the day. It's the one least likely to start late.
- Group appointments. Schedule appointments together and on certain days of the week.
- Meet in other people's offices. It's easier to excuse yourself from someone else's office that it is to get him/her out of yours.
- Carry paperwork with you. Even if someone keeps you waiting, you can use every minute of your time.
- Work in cars, trains, and airplanes. Listen to tapes, dictate memos, balance a checkbook while traveling.
- Shop and bank during off-peak hours and always avoid the lunch hour crunch.
- Batch errands. Wait until you have several chores to do and then do them all at once.
- Shop mail order. Use the phone to buy everything and order during off-peak hours.

Source: Home Office Computing, June 1995



76th Installation of Officers June 12, 6:00pm, Painted Hills Buffet Dinner \$18.00 Per Person Cash Bar

Please call in your reservations, 371-3165, or mail check and reservation form to: Women's Chamber of Commerce, Box 171337, KCKS, 66117.

Member's Name:	_Phone #:
# of Reservations: Amount enclosed:	
Guests:	
Please RSVP by June 7. Reservations made, but not kept, will reservation plus \$1.00 handling charge. Thank you.	be billed cost of

KCK WOMEN'S CHAMBER OF COMMERCE

"Women of Vision—Seeking New Horizons"

KCK Women's Chamber of Commerce 1920-1996 76 Years of Progress

THE BULLETIN

July 1996

Volume 2 Issue 7

"Women In Partnership - Building a Better Community"

Comments by President Melissa Bynum

"Women in partnership—building a better community." I think that phrase demonstrates everything that we, as members of the Women's Chamber are all about.

When I look to my future with the Women's Chamber, I cannot help but reflect upon the things that brought me to this point. I want to share them you because I think they embody the spirit of this organization.

I first joined the Women's Chamber in 1989...my life began to take a turn in a new direction...I was young and single and active...but looking for a way to get involved...I got involved with the Women's Chamber and I stayed involved...And now I stand before you tonight-ready, excited and eager to lead the Women's Chamber into what I hope will be a fun and rewarding year of activities.

When I step back and look at what has been most impressive to me ...I must say it has been the incredible group of women I have come to know, respect and care about. I owe a lot to this group of women because my involvement with each and every one of you is what makes me the person you see before you today-a woman ready to take on the leadership of this organization-ready to continue our work toward achieving the goals of this organization...

continued on page 3

1996-1997 Officers

President Melissa Bynum

1st Vice President Pat Gaunce

2nd Vice President Jackie Stokes

Recording Secretary Mary Patterson

Corresponding Sec. Jobeth Bradbury

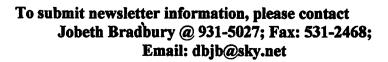
Treasurer Betty Amos

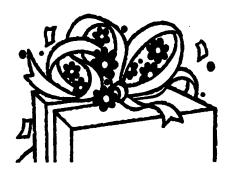
1996 KCKWC Scholarship Winners

Patricia Johnson-pursuing a Bachelor of Science in Elementary Education, St. Mary's College.

Elaine Luster-Course completion before applying to nursing school, Donnelly College.

Johnola Anderson-Pursuing a degree in psychology, Donnelly College.





Catie Fields	July 31
Ooreen Hampton	July 26
Sylvia Kenner	July 24
tephanie Kirsch	July 11
Ielen Kutch	July 2
Jawn Linscott	July 28
Christine May	July 2
Caren Novak	July 29
an Pack	July 9
lelen Skradski	July 22

condolences to Jan, Tom, and Angie Pack the loss of their son and brother, Timothy.

morial gifts may be made to St. Patrick's rch, 1086 N. 94th, Kansas City, KS 12.

Best wishes to **Dawn Linscott** on her retirement from Cancer Action!

Best wishes to Carmen Walsh on her recent marriage to Dick King!

Best wishes to **Christine McMinn** on her recent marriage!

Take a Minute Now and Experience a Yearlong Renewal!

Support the KCK Women's Chamber this coming year by sending in this annual renewal form with your payment. *Renewal is due by Sept. 1, 1996.* Thank you.

Renewal Form		
Name		
Residence		
Home phone	Birth	day
Business Name		
Business Address	-	·
Business Phone	Fax	
Dues: (circle one)	\$50.00	Active, Sustaining
	\$10.00	Associate Retired, moved to another state
Membership paid by:	Individual	Firm
Type of membership:	Active	Sustaining
		Associate
Indicate your area of inter	rest:	
American Royal		Bylaws/resolutions
Econ. development	-	Education
Finance, audit, budgetLegislative, government		Hospitality Long range planning
Legislative, government Membership	· -	Publicity
Special projects		Other (describe)
Mail to: KCK Women Membership 727 Minneso	Committee	of Commerce

Kansas City, KS 66101

"Fundamentals of the Internet"

August 15 One Day \$99 Call 1-800-334-6780

"Grammar & Usage Made Easy & Fun"

July 29 One Day \$99 Call 1-800-873-7545

"How to Become a Better Communicator"

July 19 One Day \$79 Call 1-800-873-7545 "First Things First"

July 11 One Day \$295 Call 1-800-873-7545

"How to Get Positive Results out of Negative People"

> July 30 One Day \$139 Call 1-800-258-7246

> > *****

"Essentials of Excellent Customer Service"

July 15 One Day \$59 Call 1-800-873-7545 How Do I Sign Up?

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continued from page 1

When I say I owe a lot to you, it is not just fluff and powder. Membership has opened doors all over the city...Serving on the Board has been an extremely rewarding experience for me.

I took my position seriously and never hesitated to ask questions. I learned boardsmanship from the KCKWC and I learned how to conduct myself in a professional manner. I was able to transfer this skill to the workplace. I learned how to organize events, coordinate committees, use public relations effectively and enhanced my social skills. Furthermore, I believe the things that I have learned through involvement with this organization had has a direct impact on my career. The skills I developed through the KCKWC are the skills that led to me being hired as the Executive Director of the Leavenworth Road Association.

To the newly installed officers and board of directors-I want to tell you this-embrace your duties as a member of this governing body. There is a saying that you get out of something only what you put into it. I say-not true. In this case, you will get much more out of it than you put in to it. It's built into the system.

You can't help but come out a winner-both personally and professionally.

I am thrilled to be in the company of this board and this membership and I eagerly await the opportunity to develop even more partnerships within this organization and this community. Thank you. Melissa Bynum, President

"You get out of something only what you put into it. Not true. In this case, you will get much more out of it than you put into it. You can't help but come out a winner-personally and professionally."



July 10 Noon Main Library Auditorium
Catered by Loretta's Cafe

\$6.50 Includes Chicken Chef Salad, Fruit, Rolls, Dessert & Drink 625 Minnesota Ave, Second Floor

"Enhance Your Job Skills & Ways to Enhance Your Business' Profitability...
Answers on the Internet" Patrick Mahoney, Business Librarian, KCKPL

Women's Chamber of Commerce, Box 171337, KCKS, 66117.

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of Reservations: _____ Amount enclosed: _____

Guests: _____

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KCK WOMEN'S CHAMBER OF COMMERCE

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"Women in Partnership—Building a Better Community"

KCK Women's Chamber of Commerce 1920-1996 76 Years of Progress

BULLET

August 1996

Volume 2 Issue 8

1996-1997 Committee Chairs

If you want to work with any of the following committees, please contact the committee chair. Committee work is ongoing. We'd love to have your help!

Attendance:

Jackie Stokes

Bulletin:

Jobeth Bradbury

Courtesy & Cheer

Judy Lillig

Education

Loretta Morton

Finance & Budget

Terry Johnson

Historian

Judy Lillig

Hospitality

Carol Grimsby

Jackie Stokes

Legislative

Pat Brune

Long Range Planning

Meredith Schrader

Membership

Jobeth Bradbury

Program

Pat Gaunce

Publicity

Judy Lillig

American Royal

Melissa Bynum

Edith Farmer

Parliamentarian

Edith Farmer

Past President Representative

Sharon Blasche

Please consult your membership directory for phone numbers and addresses of committee chairs.

1996-1997 Officers

President

Melissa Bynum

1st Vice President

Pat Gaunce

2nd Vice President

Jackie Stokes

Recording Secretary

Mary Patterson

Corresponding Sec.

Jobeth Bradbury

Treasurer

Betty Amos

New Paul Jewell Center for Lunch!

The KCKWC August 14 lunched program will be at the new KC Community College Paul Jewell Cente To access the center, please see tl following directions:

1. Go to the B/C Building entrance.

Two choices:

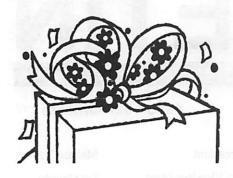
1. Enter the building at ground level. directions will be given at the Info Center inside the door.

or:

2. Go down the outside stairs by the outdoor phone and enter through the double doors. Go down the hall to Rooms 2325-6.

> There is an elevator at the Info Center.

Renew Now! This will be your last newsletter unless you renew by Sept. 1



Helen Boswell	Aug. 15
Loretta Colombel	Aug. 22
Irene Forch	Aug. 27
Linda Hohman	Aug. 3
Sandra Hornbeck	Aug. 10
Karalin McKain	Aug. 26
Jacqueline Stokes	Aug. 29

Bernal D. "Bert" Cantwell

Chief Executive Officer

Kansas City, Kansas Chamber of Commerce

June 11, 1932 July 16, 1996

We lost a friend.

Take a Minute Now and Experience a Yearlong Renewal!

Support the KCK Women's Chamber this coming year by sending in this annual renewal form with your payment. *Renewal is due by Sept. 1, 1996.* Thank you.

Renewal Form				
Name				
Residence				
	noneBirthday			
Business Name				
Business Address	1991			
Business PhoneFax	<u> </u>			
Dues: (circle one) \$50.00	Active, Sustaining			
\$10.00	Associate Retired, moved to another state			
Membership paid by: Individual	Firm			
Type of membership:Active	Sustaining			
	Associate			
ndicate your area of interest:	Representative			
American Royal	Bylaws/resolutions Education			
Econ. development Finance, audit, budget	Hospitality			
Legislative, government	Long range planning			
Membership	Publicity			
Special projects	Other (describe)			
Mail to: KCK Women's Chamber Membership Committee 727 Minnesota Ave.	of Commerce			

Kansas City, KS 66101

"Fundamentals of the Internet"

August 15 One Day \$99 Call 1-800-334-6780

"Using Microsoft Office"

Aug. 28 One Day \$69 Call 1-800-873-7545

"Mgt. Skills for New Supervisors"

Aug. 26 One Day \$99 Call 1-800-873-7545 "Thinking Beyond the Boundaries"

Aug. 22 One Day \$99 Call 1-800-258-7246

"Troubleshooting/Maintenance of IBM/Compatible PCs"

Sept. 3,4 Two Days \$395 Call 1-800-873-7545

"Essentials of Excellent Customer Service"

> Aug. 19 One Day \$59 Call 1-800-873-7545

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Additional Sites:

KCK Community College 334-1100 Metropolitan Comm. Coll. 759-1000 Network Knowledge 541-8740 Step 1 Inc. 768-0220 Productivity Point, Int. 383-3400 Treat Enterprises, Inc. 432-0027 Corporate Skills, Int. 831-0888

Let's Get Acquainted!

Elise Hedstrom "blew in" with the winds of March! Elise says, "I was born, raised and schooled near the Country Club Plaza, KC, MO, my favorite school...the Kansas City Art Institute...always dreamed of being an artist. From the beginning, communicating skills came easy for me. My employment has always centered on public relations/customer service. My employers include Southwestern Bell, Trinity Lutheran, Sears, and the BPU. I retired from the BPU in 1992 with 25 years of service. Lud and married in 1952, have two children, and three GRAND-children! We moved to Lake Forest, Bonner Springs, in 1981.

I joined the KCK Women's Chamber knowing that this organization cares for our citizens, our community, our city and our country. We were proud to participate in the 1991 "Welcome Home Peace Parade" for the Desert Storm returning troops. Annually, our Chamber awards continuing education scholarships to women in service fields. Their earned education is then returned to our community with leadership strengths in their chosen careers.

Retirement is a new beginning! Volunteering is the most rewarding way to spend retirement. Sharing and caring, lifting others strengthens my faith. Using the Golden Rule, from little ones to strangers, is just a way of life. Church activities, volunteering in hospital guilds, neighborhood involvement, senior centers, and tutoring children needing extra help are most rewarding. Working in my garden is a favorite past-time. In our fast paced world, few stop to smell the flowers and fewer still take the time to gather them and give them away. YOU...my friends, are the flowers in my "garden of life." Thank You!



Aug. 14 Noon KCKCC Paul Jewell Center
Taco Buffet Cost: \$6.00

"Endowment/Education Partnershipsthe Mid-America Education Hall of Fame" Jerry Toney, Director of Development

Please call in your reservations, 371-3165, or mail check and reservation form to: Women's Chamber of Commerce, Box 171337, KCKS, 66117.

Member's Name:	Manager Acceptance	Phone #:	THE RESIDENCE OF THE PARTY OF T
# of Reservations:	Amount enclosed:	Essenting 12	
Guests:	A Accepta		RECEIPTING TO
Please RSVP at least two	o days prior to meeting date. Re	servations made, but r	ot kept, will be billed cost o

KCK WOMEN'S CHAMBER OF COMMERCE

"Women in Partnership-Building a Better Community"

KCK Women's Chamber of Commerce 1920-1996 76 Years of Progress

THE BULLETIN

September 1996

Volume 2 Issue 9

Money Matters

Do you think a mutual fund is when you and your housemate split the expenses?

Do you figure out how much you spend by counting your change?

Do you spell emergency loan FAMILY?

Do you pay off your debts by buying the first round?

Do you plan your retirement based on your lottery winnings?

Source: DMG Financial Planning Services http://www.islandnet.com/~planner/home.html

If so, you may need some financial planning help!

\$\$\$\$\$\$\$\$

Mark your calendar for the Sept. 11 luncheon program featuring Judy Flynn as Beulah the Bag Lady, Hannah the Housewife, Sad Sonja, Professional Paula and herself. Judy's program, "Don't Weasel Out of Financial Planning," will be an exploration of women at different stages and ages and the financial problems encountered during our lives.

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Pat Gaunce

2nd Vice President

Jackie Stokes

Recording Secretary

Mary Patterson

Corresponding Sec.

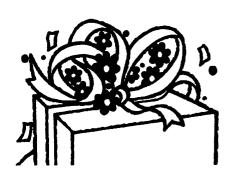
Jobeth Bradbury

Treasurer

Betty Amos



Sharon Blasche
Judy Lillig
Amy Falk
Carol Grimsby
Loretta Morton
Mary Patterson
Roslyn Brown
Meredith Schraeder
Betty King
Sandra Cantwell
Edith Farmer, Parliamentarian



Betty Amos	Sept. 18
Naomi Bowen	Sept. 21
Pat Gaunce	Sept. 4
Eloise Leslie	Sept. 10
Carol Stockoff	Sept. 3
Tina Thomas	Sept. 3
Carol Waggoner	Sept. 10

The KCK Women's Chamber Welcomes New Members

Marcia Broden...Marcia is the director of Cancer Action, Inc.

Gloria Maxwell...Gloria is the branch manager of the Main branch of the Kansas City, Kansas Public library.

Nancy Winkler Fortier... Winkler's Diamonds, 7704 State Ave.

The Women's Chamber membership committee will meet Sept. 25, West Wyandotte Library, Conference Room B, at 6:15 following the monthly board meeting.

Do you have that "end of summer-what a bummer" job burnout?

How to Concentrate on Your Work

- Get focused. Make a list of what has to be done. Give each task a time frame. Get out your work tools—including your list. Then go to work, watching your schedule and sticking to it. Don't allow yourself out of your chair until a task is completed.
- Mark your place. When you're interrupted, take a second before you break away to jot down a word or phrase to help you remember where you were in your work. Taking notes also helps maintain concentration during lengthy conversations or meetings.
- Keep track of your thoughts. Whenever you become aware that your thoughts are beginning to wander, yell "Stop!" (in your mind, of course). This will bring your drifting to a halt and redirect your attention to what needs to be done.
- Log your distractions. If you find that your thoughts are wandering more often than you like, keep a record of where your attention is drifting. Study this log to discover what's really making you lose your concentration—and do something to eliminate the distraction.
- Bribe yourself. Promise yourself that as soon as you finish a certain task, you'll get a reward—anything from a cup of coffee to the most glamorous prize you can afford. Then make sure you get it when you complete the job.

The best possible way to handle uninteresting tasks is to finish them as soon as possible. But grim determination alone isn't always enough to get you through uninspiring chores. The tips listed here will help you cut through the fog, complete tasks more quickly, and pay greater attention to the issues you care about the most.

"Reprinted from "Practical Supervision" with permission of the copyright holder, Professional Training Associates, Inc. For a free sample copy, call 1-800-424-2112.

"Understanding the Internet"

Sept. 12 One Day \$99 Call 1-800-258-7246

"Coaching & Teambuilding Skills for Managers & Supervisors

> Sept. 16 One Day \$99 Call 1-800-873-7545

> > ******

"Using Microsoft Office"

Sept. 26 One Day \$69 Call 1-800-873-7545 "Business Writing Basics"

Sept. 20 One Day \$149 Call 1-800-873-7545

"Powerful Communication Skills for Women"

> Sept. 26 One Day \$69 Call 1-800-258-7246

> > ******

"Credibility, Composure and Confidence"

Sept. 24 One Day \$99 Call 1-800-873-7545

How Do I Sign Up?

Of Special Note...

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Additional Sites:

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Candidate's Forum

October 8, 1996
Performing Arts Center
Kansas City, KS Community College
7:00pm



September 11 Noon Indian Springs Shopping Center

Catered by Italian Delight \$6.00 Community Room Lasagna, bread, salad and drink

Program: "Don't Weasel Out of Financial Planning"
Judy Flynn, CLU, ChFC with John Hancock Mutual Life Co.

Please call in your reservations, 371-3165, or mail check and reservation form to:
Women's Chamber of Commerce, Box 171337, KCKS, 66117.

Member's Name: Amount enclosed:	_Phone #:			
Guests:				
Please RSVP at least two days prior to meeting date. Reservations made, but not kept, will be billed cost of reservation plus \$1.00 handling charge. Thank you.				

KCK WOMEN'S CHAMBER OF COMMERCE

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THE BULLETIN

October 1996

Volume 2 Issue 10

From the President...

It's time to gear up for our annual Kansas Day at the American Royal activities! This time of year, aside from always arriving so quickly, always seems to set the mood for our American Royal activities. The recent fall weather (minus the rain!) paints the perfect picture for the American Royal parade and Kansas Day events. I am excited about our upcoming American Royal breakfast, the Kansas Farm Family and cocktail reception—and I hope you are too! The Kansas Day details are on page 3 of this newsletter. Please mark your calendars for Saturday, Oct. 26-parade day (we will decorate and ride on our float) and Wednesday, November 13-Kansas Day at the American Royal. Plan to attend our functions. The continued support of the membership is crucial to the success of our most prestigious annual event.

I thought it would be interesting to share some history of our involvement with the American Royal. With the help of Edith Farmer, here is how it all started...in 1946, The American Royal Board of Governors asked the six metropolitan counties for support of the Royal. This was the beginning of our 50 year relationship with the Royal-the Women's Chamber sponsored a "line party." Women's Chamber members enjoyed a meal together at the Golden Ox and then attended Kansas Day festivities at the Royal. At the same time, Harry Darby and the KCK Area Chamber of Commerce began sponsoring Kansas Day at the American Royal.

Also, the Women's Chamber sponsored a class in the horse show and our president would present the winner with the ribbon award. The KCKWCC also sponsored a visitor's lounge at the Royal. Women's Chamber members served as hostesses providing coffee, information and hospitality to Royal attendees. The lounge was open all day, seven days a week, for the duration of the Royal.

continued on page 2

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2nd Vice President Jackie Stokes

Recording Secretary Mary Patterson

Corresponding Sec. Jobeth Bradbury

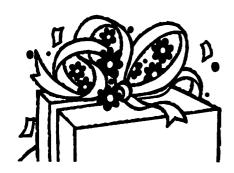
Treasurer Betty Amos



Sharon Blasche
Judy Lillig
Amy Falk
Carol Grimsby
Loretta Morton
Mary Patterson
Roslyn Brown
Meredith Schraeder
Betty King
Sandra Cantwell
Carol Waggoner
Edith Farmer, Parliamentarian

To submit newsletter information, please contact Jobeth Bradbury @ 931-5027; Fax: 531-2468

THE BULLETIN



Marian Augustus	Oct. 13
Alice Brunker	Oct. 5
Amy Falk	Oct. 24
Angie Kaminski	Oct. 23
Kim Ogden	Oct. 16
Deloris Pinkard	Oct. 22
Louise Pitko	Oct. 20
Marty Rundall	Oct. 9
Tracy Talkin	Oct. 20
Lori Trumbo	Oct. 31
Crete Whitlock	Oct. 15

NEW MEMBERS

Karen Atchley is the new member for September, 1996. Karen is with the Kansas City, KS Community College Endowment Office.

Welcome!

TAKE NOTE

The Oct. 8 Candidate's Forum sponsored by the Area Chamber has been cancelled due to few responses to participate.

From the President continued...

The Women's Chamber involvement with the Royal has also included selling "Honor Acres" and gift shop items in the vendors area at the Royal as a community project supporting the Agricultural Hall of Fame. We have also hosted receptions for the Belles of the American Royal (BOTARs). The last Women's Chamber BOTAR reception was four or five years ago.

We have been sponsoring Kansas Day for several years picking up the sponsorship when the Area Chamber stopped coordinating the event. This will be our seventh year of sponsoring Kansas Day. Our sponsorship includes honoring the Kansas Farm Family during this busy day of activities.

The American Royal continues to be rich in tradition and pride. We are certainly proud to be the leaders of the Kansas Day celebration. This day's activities always are popular ones in which to involve our new members. Please be sure to mark your calendars and invite family and friends to participate! This year's Kansas Day at the American Royal will continue our strong tradition. We don't want you to be left out!

Melissa Bynum President

Let's Get Acquainted...

Marcia Broden, Cancer Action Director, was born and raised in Kirkland, Washington, and graduated from the Univ. of Washington. Marcia and her husband, Stan, moved to Kansas City after she received an offer from KU to do educational research at Juniper Garden's Childrens Project. She received her masters from KU. Marcia and Stan have two grown daughters (are they ever really "grown?" who live in the area. Marcia's current hobbies include hiking and biking. She also likes to read, travel and grow things.

Marcia joined the chamber and is enjoying meeting the members. She values being of service to others. "In working with the clients Cancer Action serves, I have learned even more poignantly that faith, family and friends are what is of value in life, and that time with loved ones is most precious."

KANSAS DAY at the AMERICAN ROYAL

The KCK Women's Chamber of Commerce invites you to celebrate Kansas Day by attending the following events on:

November 13, 1996

Kansas Day Breakfast Honoring the Kansas Farm Family

7:30am, West Wyandotte Library 1737 N. 82nd St., Kansas City, KS Cost: \$10.00

Kansas Day Cocktail Reception

5:00pm, Jack Reardon Civic Center 5th & Minnesota, Kansas City, KS Special Guest: Governor Bill Graves Cost: \$20.00

American Royal Rodeo

Following the reception, buses will transport guests to and from the rodeo
Parking and Security provided

Cost: \$10.00

Please call Crete Whitlock, 788-7645, for reservations and more information



MONTHLY MEMBERSHIP MEETING

October 9 Noon West Wyandotte Library

Catered by Charlie's Meat Market \$6.00 Auditorium French Market sandwich, slaw or potato salad, cookie, & drink

Program: "Citizens Against Crime"

Please call in your reservations, 371-3165, or mail check and reservation form to:
Women's Chamber of Commerce, Box 171337, KCKS, 66117.

Member's Name:	inn álasva galvot	Phone #:	
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THE BULLETIN

November 1996

Volume 2 Issue 11

from the president

I want to thank all who helped and rode in the American Royal Parade, Saturday, Oct. 26. After a rainy, cloudy morning, the sky cleared and we had a beautiful sunny parade!

Thanks to John Camerlinck for the use of his truck and trailer and for driving the float. Thanks to Dr. J.J. Swanson for hay bales, Frank Queen for supplying pumpkins, Adrienne Kyger, float chair, and Betty Amos, Loretta Morton, Meredith Schraeder and her daughter, Laura.

Also, I wish to thank Edith Farmer for helping coordinate the great press coverage we received for our 50 years of participation in this event. Plans are already "in the works" for 1997's float-we were inspired by the other great floats we saw at the parade last Saturday...

WE ARE LOOKING FOR EVERY WCC MEMBER TO ATTEND & PARTICIPATE IN KANSAS DAY— OUR MOST PROMINENT EVENT OF THE YEAR!!!

Melissa Bynum, President

1996-1997 Officers

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1st Vice President Pat Gaunce

2nd Vice President Jackie Stokes

Recording Secretary Mary Patterson

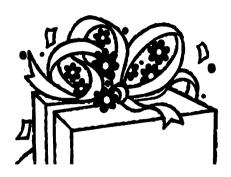
Corresponding Sec. Jobeth Bradbury

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Loretta Morton
Mary Patterson
Roslyn Brown
Meredith Schraeder
Betty King
Sandra Cantwell
Carol Waggoner
Edith Farmer, Parliamentarian

THE BULLETIN



Pat Brune	Nov. 23
Edith Farmer	Nov. 1
Lorraine Kolich	Nov. 2
Judy Lillig	Nov. 19
Mary Patterson	Nov. 1
Rosetta Richardson	Nov. 10
Donna Teasley	Nov. 11
Joni Turner	Nov. 18

New Member News

The Women's Chamber welcomes Carol Levers and Cheryl Bollinger as new members.

Carol is completing her college degree and is employed full-time at the West Wyandotte Library as Collection Maintenance Associate.

Cheryl is the Coordinator of Outreach/Information with Donnelly College.

Our condolences to Jackie Stokes on the death of her father, Richard Holzer. Jackie's mother, Margaret, has been ill, and is now much better.

Please take note...

Mayor's Prayer Breakfast - November 22, 1996. The WCC is reserving a table for members. Contact Edith Farmer, 573-5465, for tickets and information. It's at the National Guard Armory, 6:30am. Cost: \$10.00

Strawberry Hill Museum - needs volunteers to help with holiday tours of the museum. Call Tom Lally, 573-2819, to volunteer and get more information.

Kids Voting Wyandotte County- WCC members, Judy Lillig, Edith Farmer, Carol Hanlon, Tina Thomas, Pat Gaunce, Kathy Kovac, Sharon Meyers, and Donna Teasley are participating in Kids Voting Wyandotte County, part of the statewide Kids Voting Kansas project.

"The Critic's Choice-a Murder Mystery" - sponsored by Kaw Valley Arts and Humanities, Inc. Friday, Nov. 8, 1996, 7:30pm. Cost: \$20.00. Includes drinks and hors d'oeuvres. Will benefit the Bert Cantwell Scholarship Fund, Kansas City, KS Community College. Call 371-0024 for information and reservations.

Holiday Celebration

Join the Women's Chamber for a special holiday luncheon, December 11, noon, at the Grinter Heritage Center. This will be a time to recognize our 1996 new members and to enjoy Grinter House history through a short slide presentation and tour by our host, Rodney Staab.

Congratulations!

to
Kim Ogden
on the birth of Shelby Lynn
8 lbs., 7oz.
born Oct. 7, 1996

&

Rosetta Richardson wed Christopher Hill Oct. 12, 1996

KANSAS DAY at the AMERICAN ROYAL

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November 13, 1996

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American Royal Rodeo

Following the reception, buses will transport guests to and from the rodeo
Parking and Security provided
Cost: \$10.00

The 1996 Kansas Farm Family George & Connie Poland Jesse, Kevin, Abby, Sarah Geary County



MONTHLY MEMBERSHIP MEETING

November 13

Please call in your reservations, 371-3165, or mail check and reservation form to:

7:30am

West Wyandotte Library

Kansas Day at the American Royal Breakfast Celebrate with the Kansas Farm Family \$10.00 per person

Women's Chamber of Commerce, Box 171337, KCKS, 66117.

Member's Name: ______Phone #: _____

of Reservations: _____ Amount enclosed: _____

Guests: _____

Please RSVP at least two days prior to meeting date. Reservations made, but not kept, will be billed cost of reservation plus \$1.00 handling charge. Thank you.

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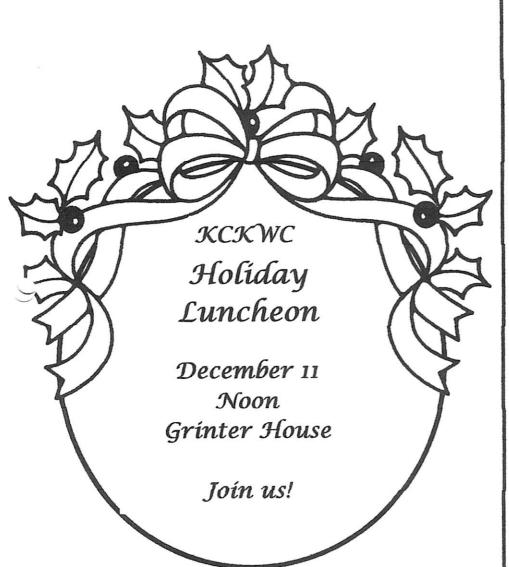
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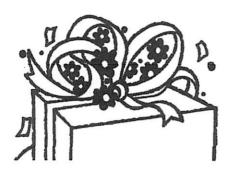


1996 New Members

Recognition.

To submit newsletter information, please contact Jobeth Bradbury @ 931-5027; Fax: 531-2468

THE BULLETIN



Ollie Cole	December 7
Teresa Garrison	December 6
Carol Levers	December 24
Christine McMinn	December 25
Carol Marinovich	December 9
Marty Porter	December 30
Dorothy Schroeder	December 7
Margaret Steele	December 20

Scholarship Fund

The Ways & Means committee, chaired by Pat Brune, is responsible for raising funds throughout the year to support the Kansas City, KS Women's Scholarship Fund. The committee traditionally has raised \$1,500.00 to fund three scholarships. To date-the scholarship fund stands at approximately \$250.00

The monthly raffle sales support the scholarship fund. If you want to contribute a raffle item, please contact Melissa Bynum or Pat Brune.

The October item was donated by Anna Lu Brune.

Building Teamwork...

- Promise only what you intend to deliver—even if it means you have to say "no" to protect your reputation of dependability.
- Deliver what you promise—and more—on time.
- Keep confidences and resist the urge to use private information to appear valuable, important or popular to colleagues.
- Stay on top of the information flow in your field. Remember: the strongest person is the one with information and the ability to use it to persuade others.
- Use a sense of humor to keep serious situations from becoming unmanageable and minor situations from becoming problems.
- Know how to congratulate and motivate others.
- Be fair in discussions. Avoid power cliques, extreme positions and personal attacks.
- Know the organization's business, history, mores and codes of behavior—and follow them.
- Smile. It's difficult to get angry with someone who's genuinely happy.

Source: Communications Briefings, 474 Quick & Practical Ideas to Work Smarter and Succeed.

Deliver us to our Passion.

Deliver us to our brilliance.

Deliver us to our intelligence.

Deliver us to our depth.

Deliver us to our nobility.

Deliver us to beauty.

Deliver us to our power to heal.

Deliver us to You.

---Marianne Williamson

Have a wonderful New Year!

CONTINUING EDUCATION OPPORTUNITIES



Of Special Note...

AVTS at 596-5500. more information, call the The schedule is printed monthly. For charge is \$7.00 per training session. are available to the public. The microcomputer applications. These sessions on beginning and advanced School offers one-day training The Area Vocational Technical

Corporate Skills, Int. 831-0888 Treat Enterprises, Inc. 432-0027 Step 1 Inc. 768-0220 Network Knowledge 541-8740 Metropolitan Comm. Coll. 759-1000 KCK Community College 334-1100 **Sessional Sites:**

Excel-Building Your Skills

Call 1-800-873-7545

Call 1-800-873-7545

Call 1-800-873-7545 Dec. 6 One Day \$149

Dec. 18 One Day 569

Chicken Soup for the Soul

Dec. 17 One Day \$69

How to Design Brochures,...

부무무부부부부부부부부부부부

Leadership & Supervisory Skills

Call 1-800-258-7246 Dec. 11 One Day \$69

Confidence, Clarity, & Credibility How to Communicate with

Call 1-800-258-7246 Dec. 16 One Day \$79

Thinking Beyond the Box

Call 1-800-258-7246 Jan. 15 or 24 One Day 599



These events were taken from the KC Star Preview Section, Nov. 29, 1996

December 1996



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ZKC Symphony's A Classical Christmas" 71-0400	ετ	24 KC Symphony's Family Holiday Concerts	sz	97	LZ	28
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5 Mid-America feet Show & Sale cardon Center 51-5864	91	41	18Friends of the Library High Tea; 596-5800	61	07	IZ ,
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	z	3 Paletter's Holiday Luncheon; 561-4652	Þ	۶	9	L
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MONTHLY MEMBERSHIP MEETING

December 11

Please call in your reservations, 371-3165, or mail check and reservation form to:

Noon

Grinter House

Holiday Luncheon

Program: Rodney Staab, Grinter House

Catering: Metropolitan \$6.50 + tax/person

Menu: Beef with burgundy sauce, veg, salad, holiday cookies

Women's Chamber of Commerce, Box 171337, KCKS, 66117.

Member's Name: _______Phone #: ______

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